

Participant Guide

June 2018



Sisällysluettelo

Event venues	4
Program Thursday 7.6.	5
Program Friday 8.6.	6
Program Saturday 9.6.	7
Program Sunday 10.6.	8
Ticket sales	9
Discounts for participants	10
Opening and Parade	14
Competitions	15
Competitions	16
Group performances	17
Gymnastics performance	18
Gymnastics performance	20
Gymnastics performance	22
City performances	24
City Performances	26
City Performances	27
Closing ceremony	28
Activity Park	30
Entertainment	31
Arilyn	32
School accommodation and catering	33

Info desks and lost items	34
Useful numbers	35
Partners	36
Thank you!	37

Event venues

Event area is centered to Kupittaa park area¹, where all the gymnastics competitions and side events are held nearby. There will be competitions, group performances, gymnastics performances, city performances and many activities in the area!

We have four different city stages in the event area, where you can see city performances, athlete interviews and artist perform.

Stages:

Event Square² stage

Turku Cathedral Square³ stage

Vähätori S⁴quare stage

Kristiinankatu S⁵quare stage

Below, you can find the map of Kupittaa park area.



Figure 1: Download picture here!

A. Stage

B. Food and drinks

¹<https://goo.gl/maps/A6sLhWMpU1y>

²<https://goo.gl/maps/QN8PAQdcsNL2>

³<https://goo.gl/maps/gH7P5tKYFjB2>

⁴<https://goo.gl/maps/P88hm9UvSvS2>

⁵<https://goo.gl/maps/BEsm7BJDALA2>

C. Info desk and ticket sales

D. EA- tent

E. Toilets

Events and locations

Kupittaa urheiluhalli: competitions (Aesthetic Group Gymnastics, Aerobics, Rhythmic Gymnastics and Trampoline Gymnastics)

Kupittaa palloiluhalli: competitions (Men's and Women's Artistic Gymnastics, Team-Gym, Acrobatic Gymnastics)

Samppalinna school's sports hall : competitions (Rhythmic Gymnastics), Kotaro Yamada workshop

Marli Arena: competitions (dance and Gym For Life), Group Performances, "Rock, rauha ja rakkaus"- Gymnastics performance

Juissi-halli: Gymnastics activities Skills Arena

Veritas Stadion: Tunne liike -closing ceremony

Event Square: city performances, artists

Turku Cathedral Square: city performances, artists

Vähätori Square: Gymnastics and Dance performances

Kristiinankatu stage: Gymnastics and Dance performances

Program Thursday 7.6.

THURSDAY										
TIME	SPORTS HALL	HALLOKALLIO HALL	JÄMSKÄ HALL	ACTIVITY PARK	CHRY GYMNASIUM LESSON	CHRY SQUARE	TURKKU CATHEDRAL SQUARE	CITY PERFORMANCES	VERITAS-STATION	SAMPEL-SCHOOL SCHOOLS
9-10	COMPETITIONS INTERNATIONAL GYMNASIUM	COMPETITIONS INTERNATIONAL GYMNASIUM								COMPETITIONS INTERNATIONAL GYMNASIUM
10-11										
11-12										
12-13										
13-14										
14-15										
15-16										
16-17										
17-18										
18-19										
19-20										
20-21										
21-22										

Gymnaestrada_schedule_thursday⁶

⁶https://suomenvoimisteluliitto.mobiezone.fi/wp-content/uploads/sites/52/2018/05/Gymnaestrada_schedule_thursday.pdf

Program Friday 8.6.

TIME	UNIVERSITY HALL	PALLONKALLIO HALL	JUHO HALL	ACTIVITY PARK	OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE
9-10	COMPETITIONS OPEN GYMNASIUMS LESSONS	COMPETITIONS OPEN GYMNASIUMS LESSONS	GYMNASTICS & ARTS SKILLS ARENA	23 DIFFERENT SPORTS FOR FREE!	OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE
10-11					OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE
11-12					OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE
12-13					OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE
13-14					OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE
14-15					OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE
15-16					OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE
16-17					OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE
17-18					OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE
18-19					OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE
19-20					OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE
20-21					OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE
21-22					OPEN GYMNASIUMS LESSONS	EVENT SQUARE	TIKKU CENTRAL SQUARE	CITY PERFORMANCE	WELL-TUNE ZONE	MARLI ARENA	CITY THEATRE

Gymnaestrada_schedule_friday⁷

⁷https://suomenvoimisteluliitto.mobiezone.fi/wp-content/uploads/sites/52/2018/05/Gymnaestrada_schedule_friday-1.pdf

Program Saturday 9.6.

SATURDAY										
TIME	UNNELI-HALLI	PALLOLU-HALLI	JURSSI-HALLI	ACTIVITY PARK	OPEN GYMNASIICS LESSONS	EVENT SQUARE	TURBU CARNIVAL SQUARE	CITY PERFORMANCE	WELL-BEING STONE	MARLI ARENA
9-10					100% POSITIVITY	GYMNASIICS PERFORMANCE	ROBOTS SHOW			
10-11						GYMNASIICS PERFORMANCE				
11-12						GYMNASIICS PERFORMANCE				
12-13						GYMNASIICS PERFORMANCE				
13-14						GYMNASIICS PERFORMANCE				
14-15						GYMNASIICS PERFORMANCE				
15-16						GYMNASIICS PERFORMANCE				
16-17						GYMNASIICS PERFORMANCE				
17-18						GYMNASIICS PERFORMANCE				
18-19						GYMNASIICS PERFORMANCE				
19-20						GYMNASIICS PERFORMANCE				
20-21						GYMNASIICS PERFORMANCE				
21-22						GYMNASIICS PERFORMANCE				
22-23						GYMNASIICS PERFORMANCE				

Gymnaestra_schedule_saturday⁸

⁸https://suomenvoimisteluliitto.mobiezone.fi/wp-content/uploads/sites/52/2018/05/Gymnaestra_schedule_saturday.pdf

Program Sunday 10.6.

SUNDAY							
TIME	UNIKELI-NALLI	KALLIOLOI-NALLI	AISSU-NALLI	ACTIVITY PARK	OPEN GYMNASTICS LESSONS	EVENT SQUARE	VERITAS-STADIUM
1-10					GIRO PRODUITY		
10-11	COMPETITIONS	COMPETITIONS	GYMNASICS ACTIVITIES SKILLS AREA	GYMNASICS ACTIVITIES SKILLS AREA		GYMNASICS PERFORMANCES	COMPETITIONS
11-12							
12-13					DANCE-MIX	AGE MIXED CHAMPIONSHIP DRUMMING	
13-14							
14-15							TUNNE LOUNGE - MAUSKABALA
15-16							

Gymnaestrada_schedule_sunday⁹

⁹https://suomenvoimisteluliitto.mobiezone.fi/wp-content/uploads/sites/52/2018/05/Gymnaestrada_schedule_sunday.pdf

Ticket sales

You can buy tickets from the info desks at Event square, Turku Cathedral square and online store at www.lippu.fi/gymnaestrada¹⁰

Opening hours of the ticket sales at Turku Cathedral square:

Thursday 7.6. at 16-21

Friday 8.6 at 9-20

Saturday 9.6. at 9-20

Opening hours of the ticket sales at event square:

Thursday 7.6. at 12-20

Friday 8.6. at 9-20

Saturday 9.6. at 9-20

Sunday 10.6. at 9-16

Ticket prizes:

Mikään ei mun hulluuttani muuta – gymnastics performance

Time: Friday 8.6. at 17:00 and 19:30

Place: Turku City Theatre

Tickets: 23 € (under 2 year infants for free)

Rock, Rauha ja Rakkaus – gymnastics performance

Time: Saturday 9.6. at 19:00

Place: Marli Areena, Kupittaa

Tickets 23 € (under 2 year infants for free)

Tunne liike- closing ceremony

Time: Sunday 10.6. at 13:30

Place: Veritas Stadion, Kupittaa

Tickets: 23 € (under 2 year infants for free)

Gymnastics competitions

Time: Thursday 7.6. – Sunday 10.6.

Place: Kupittaaan Urheiluhalli (aesthetic group gymnastics, rhythmic gymnastics, aerobics and trampoline gymnastics) ja Kupittaaan Palloiluhalli (akrobatiavoimistelu, miesten- ja naisten telinevoimistelu, TeamGym)

Tickets: Day ticket to Urheiluhalli 10 €, day ticket to Palloiluhalli 10 € (under 7 year old for free)

Flow Gymnastics Lumo- final and group performances

Time: pe 8.6. – la 9.6. klo 9:00 – 17:00

Place: Marli Areena, Kupittaa

Tickets: päivälippu Marli Areenalle 10€ (under 7 year old for free)

Day ticket 18 € (under 7 year old for free)

Access to see competitions at Marli Areena, Kupittaaan urheiluhalli and Kupittaaan palloiluhalli 9:00 –17:00

¹⁰<http://www.lippu.fi/gymnaestrada>

Discounts for participants

You will get many discounts with your Participant Card from the companies of Turku. Above you can see the list of companies offering discounts; for restaurants and coffee houses, experience parks, cultural attractions and shoppings.

With your four day Participant Card, you can ride with Turku Traffic Communication Föli busses for free! You can find routes and schedules here: <https://www.foli.fi/en>¹¹

SHOPPINGS



Kuva 2: You will recognize companies offering discounts by this poster.

The Athlete's Foot www.theathletesfoot.fi¹² -10% discount from all products 7.-10.6.2018

¹¹<https://www.foli.fi/en>

¹²<http://www.theathletesfoot.fi>

¹³<http://www.puputtidesign.fi>

¹⁴<http://www.klodesign.fi>

¹⁵<http://www.kuidesign.fi>

¹⁶<http://www.ruohonjuuri.fi>

¹⁷<http://www.k-market.fi/hansa>

¹⁸<http://www.kultajousi.fi>

¹⁹<http://www.suomalainen.com>

²⁰<http://www.stockmann.fi>

Puputti design www.puputtidesign.fi¹³ -20% discount from all products from online store, when you sign up for the postlist of the Puputti Design. 7.-10.6.2018

Klo Design Oy www.klodesign.fi¹⁴ -20% discount From all original prized products 7.-10.6.2018

KUI Design www.kuidesign.fi¹⁵ -15% discount form one KUI Designi original prized product from the Turku Local Shop. 7.-9.6.2018

Ruohonjuuri Oy www.ruohonjuuri.fi¹⁶ All original prized products – 10 % form Turku Ruohonjuuri shop 7.-10.6.2018.

K-market Hansakortteli www.k-market.fi/hansa¹⁷ salad bar salad -10 % discount 7.-10.6.2018

Kultajousi Oy www.kultajousi.fi¹⁸ All Silver jewelry -20% discount, (except Kalevala-, Lumoava- and Monument-collections). 7.-10.6

Suomalainen Kirjakauppa Turku Hansa www.suomalainen.com¹⁹ From Turku Hansakortteli's shop one product with -15% discount. (Except transmission products). 7.-10.6.2018.

Stockmann Turku www.stockmann.fi²⁰ All

jewelry -20% 7.-10.6.2018

ClickShoes Oy, www.clickshoes.fi ²¹With discount code "gymnaestrada" you will have -10% discount from Turun area's ClickShoes shops; Hansa, Skanssi, Mylly and ShoeHouseTurku (Kristiinankatu 10). 7.-10.6.2018

Telia Kauppa, www.telia.fi ²² As a client you will get 30 € extra money from your old phone, when buying a new one.

LG PH1 Bluetooth speaker 9,90€ (39,90€) 7.-10.6.2018

Finlayson Hansa www.finlayson.fi ²³ From Finlayson -20% discount from all original prized products. 7.-10.6.2018.

Synsam Rahkonen www.synsam.fi ²⁴ All products -25%. 7.-10.6.2018

Instrumentarium hansa www.instu.fi ²⁵ Contact lenses buy 3 get 4 (benefit -25%). 7.-10.6.2018

Wau lingerie www.waunainen.fi ²⁶ Original prized women's underwear -10% 7.-10.6.2018

Carlings Kauppakeskus Hansa -10% from all original prized products.

Partioaitta www.partioaitta.fi ²⁷ -15% discount from original prized drinking bottles. 7.-10.6.2018.

Vallila Hansa www.vallila.fi ²⁸ -25% discount from original prized products

RESTAURANTS AND COFFEE HOUSES

Arnolds Hansa -10% from original prized products.

Fazer Cafe Aurakatu www.fazer.fi/kahvilat-ja-leipomot/fazer-cafe/kahvilat/fazer-cafe-turku/ ²⁹ Breakfast and lunch -10% . 7.-10.6.2018

Espresso House www.espressohouse.com ³⁰ Buy coffee, get muffin with 1,90€, vegetable juice -10%, Smoothie -10%, Breakfast. 4,90€, salad+ coffee 8,50€

Café Carré www.carre.fi ³¹ All salty pies, croissants, bagels, cakes and baked goods -10%

PIZZARIUM www.pizzarium.fi ³² -10% discount from food. (Not from alcohol) 7.-10.6.2018

Ravintola Teini & Gastropub Löytö www.ravintolateini.fi ³³ -10% discount. 7.-10.6.2018.

Golden Grill & Kitchen/ bar www.goldengrill.fi ³⁴ -15% discount from list prizes. 7.-10.6.2018

²¹<http://www.clickshoes.fi>

²²<http://www.telia.fi>

²³<http://www.finlayson.fi>

²⁴<http://www.synsam.fi>

²⁵<http://www.instu.fi>

²⁶<http://www.waunainen.fi>

²⁷<http://www.partioaitta.fi>

²⁸<http://www.vallila.fi>

²⁹<http://www.fazer.fi/kahvilat-ja-leipomot/fazer-cafe/kahvilat/fazer-cafe-turku/>

³⁰<http://www.espressohouse.com>

³¹<http://www.carre.fi>

³²<http://www.pizzarium.fi>

³³<http://www.ravintolateini.fi>

³⁴<http://www.goldengrill.fi>

Kitchen&Cafe Stockmann Turku www.fazer.fi/stockmannturku³⁵ Lunch 9,00€, for Kids (5-12 v.) lunch and chocolate 6€. Lunch served on monday-friday 10:45-18:00, saturday 11:00-17:00 and sunday 11:00-16:00. 7.-10.6.2018

Kellariravintola www.kellariravintola.fi³⁶ - 15 % from á la carte food. 7.-9.6.2018.

Ravintola MorriSon's www.morrisons.fi³⁷ - 10% from all foods 7.-10.6.2018

Rax Kultatalo www.rax.fi³⁸ Buffet -10% discount from the prize of the day + dessert buffet 2,50€ (original. 3,90€) 7.-10.6.2018.

Kupittaan paviljonki www.kupittaanpaviljonki.fi³⁹ Sports buffet 10€ (original prize 13€). 4-12- year old's half prize. 7.-10.6.2018

Pastabox www.pastabox.fi⁴⁰ S-boxi pasta 5€ (original 7,90€). 7-10.6.2018. Delivery when buying more than 15 portions.

To do:

Saaristo open 2018 -10% www.saaristo-open.fi⁴¹ original prized tickets (1-2 day tickets and VIP Silver 1-2 day tickets). Event is held at Kaarina 8.-9.6.2018.

Kupittaan maauimala With 4 day Participant Card -50% discount of swimming tickets

7.-10.6.2018

Yoga Nordic – Turku Oy www.yoganordic.fi⁴² -50% discount of all Yoga and Pilates lessons. (15 – 18€). 7.-17.6 .2018

Turun Osteopatiapalvelu www.osteopati-iidasalo.fi⁴³ Osteopathic treatment for adults 55€, under 12 year old kids 45€ (original prize 65 / 55€). 5.-10.6.2018

Trampolin Park Turku www.trampolin-park.fi/turk⁴⁴ Two jumps for one prize (7-8.6.) at 9-16.

In addition, one hour of jumping 10€ hintaan (originally 14€) (9-10.6.) at 12-21.

Reserve jumpin hour beforehand to Trampolin Park Turku reservation calendar: www.vello.fi/trampolinparkturku/⁴⁵

Remember to fill out jumping permission: <https://www.trampolinpark.fi/hyppylupa-turku.html>⁴⁶

JukuPark Turku www.jukupark.fi⁴⁷ Two for one! (day ticket 21€ / 2 persons (10,50 €/person). 9-10.6.2018.

Flowpark Turku www.flowpark.fi/turku⁴⁸ With code "Gymnaestrada2018" you get ticket 21€/person (originally 24€/hlö) over 10 person groups even cheaper . For groups reservations only beforehand 18€/Reservations info.turku@flowpark.fi.

³⁵<http://www.fazer.fi/stockmannturku>

³⁶<http://www.kellariravintola.fi>

³⁷<http://www.morrisons.fi>

³⁸<http://www.rax.fi>

³⁹<http://www.kupittaanpaviljonki.fi>

⁴⁰<http://www.pastabox.fi>

⁴¹<http://www.saaristo-open.fi/>

⁴²<http://www.yoganordic.fi>

⁴³<http://www.osteopati-iidasalo.fi>

⁴⁴<http://www.trampolinpark.fi/turku>

⁴⁵<http://www.vello.fi/trampolinparkturku/>

⁴⁶<https://www.trampolinpark.fi/hyppylupa-turku.html>

⁴⁷<http://www.jukupark.fi>

⁴⁸<http://www.flowpark.fi/turku>

Culture attractions:

Turun museum / Turku Castle www.turku.fi/turunlinna⁴⁹, Theme guiding for free at Turku Castle and for guiding participants tickets to the castle -25%
pe 8.6. klo 11.15 ja 16.15

la 9.6. klo 11.15 ja 16.15
su 10.6. klo 11.15 ja 16.15

ABOA VETUS & ARS NOVA Museum of History and Contemporary Art
www.aboavetusarsnova.fi⁵⁰ – 10 % from tickets 7.-10.6.2018

⁴⁹<http://www.turku.fi/turunlinna>

⁵⁰<http://www.aboavetusarsnova.fi>

Opening and Parade

The opening and parade will be held at the event square on Thursday 7.6. at 18 o'clock

The opening ceremony will take place on Thursday at 18 o'clock at the event square area next to Veritas Stadion. Opening ceremony program includes speeches, music and amazing performances.

Clubs and participants should be preparing for the parade at 5 o'clock at the sand court.

After the ceremony, gymnasts will march to the Turku Cathedral square. Each club will follow their name board, except the foreign clubs who will march after their home country's name on the board.

After the parade there will be program for children at the Turku Cathedral square where Alex Mattson performs. There is also program for adults at the event square, where we will see Pete Parkkonen on stage.



Competitions

Kupittaaan urheiluhalli and Samppalinna school's sports hall

Gymnastics Competitions include all gymnastics disciplines. There will be rhythmic gymnastics, aesthetic group gymnastics, aerobics and trampoline gymnastics seen at Kupittaaan urheiluhalli. 2. luokka and Stara competitions will be located at Samppalinna school's hall.

You can find the schedule of the competition ⁵¹here

Aesthetic Group Gymnastics

Friday 8.6. 8 – 10 year old and 10 – 12 vuotiaiden mestaruuskilpailu (kategoriat 5-10)
Saturday 9.6. 10 – 12 vuotiaiden mestaruuskilpailu (kategoriat 1-4)
Sunday 10.6. Stara

Aerobics

Saturday 9.6. ND 9 – 11 vuotiaiden mestaruuskilpailu
Sunday 10.6. Stara

Rhythmic Gymnastics

Thursday 7.6. yksilöt 4. luokka ja 2. luokka
Friday 8.6. yksilöt 5. luokka ja 1. luokka
Saturday 9.6. yksilöt 3. luokka
Sunday 10.6. yksilöt 6. luokka, joukkueet, Stara

Trampoline Gymnastics

Friday 8.6. yksilökilpailut luokat 1 – 3 , synkrokilpailut 1 – 2 luokat, Masters junior, Masters senior, lentoaika tytöt, pojat ja aikuiset, WAGC katsastus, ikäluokkamestaruus, DMT and Stara

⁵¹<http://gymnaestrada.fi/fi/Osallistujat/Voimistelupäivät/testi1>

Competitions

Kupittaaan palloiluhalli

Men's and women's Artistic Gymnastics, Acrobatics and TeamGym will be competed at Kupittaaan palloiluhalli.



You can find performing schedules here⁵²

Acrobatic Gymnastics

Thursday 7.6. Stara, 1. luokka ja 2. luokka
Friday 8.6. Akropuu luokat 1 – 3 (ulkolavat)
Saturday 9.6. 3. luokka ja 4. luokka

Men's Artistic Gymnastics

Thursday 7.6. Stara
Friday 8.6. 3. luokka, 4. luokka kilpa, 4. luokka eliitti, 5. luokka nuoremmat ja vanhemmat
6. luokka, joukkue ja ikämiessarja

Saturday 9.6. 2. luokka
Sunday 10.6. 1. luokka

Women's Artistic Gymnastics

Thursday 7.6. Stara, kilpalinja B vanhemmat, maajoukkueelinja 5. luokka, katsastus ja timanttitesti
Friday 8.6. kilpalinja B nuoremmat, C vanhemmat, E nuoremmat ja vanhemmat, F nuoremmat ja vanhemmat, G nuoremmat ja vanhemmat, aikuiset ja timanttitesti
Saturday 9.6. kilpalinja C nuoremmat, D nuoremmat, D vanhemmat, maajoukkueelinja 2. luokka, 3. luokka ja 4. luokka
Sunday 10.6. kilpalinja E joukkue, F joukkue ja G joukkue

TeamGym

Thursday 7.6. 3. luokka
Friday 8.6. 4. luokka, 5. luokka, 6. luokka, kilpaharraste ja Masters
Saturday 9.6. Stara, 1. luokka, 2. luokka

⁵²<http://gymnaestrada.fi/fi/Osallistujat/Voimistelupäivät/testi1>

Group performances

Marli Areena

Performing order

Friday 8.6. at 10.30-13

Vasa Gymnastikförening
Alltid dansat – dansar alltid

Lappfjärds Gymnastikförening
På resande fot

Elise
Itse Ilkimys

Kokushikan University Japan

Lakeuden Taitovoimistelijat
Holiday

Riihimäen VoLi
Meren salaisuudet

Tampereen Voimistelijat
Hyönteisten maailma

Espoon Telinetaiturit
Thunder

Turun Nv
Päivä saaristossa

Performing order

Saturday 9.6. at 10.30-13

Pakilan Voimistelijat
Elämä on juhlaa

Still Going Strong / HGK ja GFH
A Happy mixtura

Helsingin Nv
Rakkaudesta voimisteluun

Huittisten Voimistelu ja Liikunta
Suomi 100

Iisalmen Nv
Tunnetta ja voimaa valoista ja varjoista

Vantaan Voimisteluseura ja Mäntsälän Voimistelijat.

Lumottu metsä

SVS, SVS Espoo ja SVS Vantaa
Minionit

MGLA Japan

Raisio Jumarit ja Naanantalinn Voimistelijat
Kesän ylistys



Gymnastics performance

"Rock, rauha ja rakkaus"

Saturday 9.6. at 19.00 Marli Areena

1. Arjen ylistys

Yhteisohjelma, Suomen Voimisteluliitto
Choreography: Raija Nurmi ja Terttuli Virtanen

2. Rytm, reeni, roudaus

Helsingfors Gymnastikklubb
Choreography: Anne Pihlström, Dennis Ny-
lund, Patrick Henriksen
Coaching: Cecilia Andler

3. Kokushikan University, Japan

Choreography and Coaching: Kotaro Yamada

4. Lihansyöjäkasvi

Cowahit junior, Turun Jyry
Choreography: Iida Aaltonen ja Henna Har-
janne
Coaching: Kristiina Viikari, Iida Aaltonen,
Hanna Hämäläinen

5. Golden Ticket

Lumo-final

6. Syksy

RiikkaSet, Voimisteluseura RiikkaSet
Choreography and Coaching: Riikka Virkajär-
vi-Johnson

7. Kynnyksellä

Laventeli, Oulun Voimisteluseura
Choreography and Coaching: Iina Lepistö

8. Rockia, bicciä ja vauhdinhurmaa

Aerobic Factory, Turun urheiluliitto
Choreography: Saija Salminen & kilpailuoh-
jelmien koreografit
Coaching: Saija Salminen, Iida Rantanen,
Sonja Meisaari

9. Naisten haku

Hämeenlinnan Voimisteluseura
Choreography and Coaching: Anu Vartiainen

10. Golden Ticket

Lumo-final

11. Joutsenet

Lahjan Tytöt
Choreography: Heidi Juntila, Janina Tuomi-
nen ja valmentajat
Coaching: Avena ja Blue joukkueiden val-
mentajat

12. Ääniä pimeydestä

Kolibrit, Iisalmen Naisvoimistelijat
Choreography and Coaching: Lilli Härmä-
Leinonen

13. Remppaajat

Quut, Olarin Voimistelijat
Choreography and Coaching: Marja Kallio-
niemi

14. Over the Rainbow

Rytmissen voimistelun maajoukkue: Elise, Eli-
se-Järvenpää, Hämeenlinnan Voimisteluseura
Choreography: Klara Kodra
Coaching: Klara Kodra, Laura Ahonen, Anna
Airaksinen

15. Golden Ticket

Lumo-final

16. Kohtalo

All-Star Crew, Naantalin Voimistelijat
Choreography and Coaching: Assi Aalto

17. Hurricane

Espoon Telinetaiturit
Choreography and Coaching: Maria Tikkala,

Jasmiina Latikka

18. Sun is shining

Safiirit, Ametistit ja Timantit, Lakeuden Taito-
voimistelijat
Choreography and Coaching: Eija Nevanpää

19. Kokushikan University, Japan

Choreography and Coaching: Kotaro Yamada

20. Event dance

Gymnastics performance

"Mikään ei mun hulluuttani muuta"

Friday 8.6. at 17.00 and 19.30 Turku City Hall



1. Valot majakan

Shuichi Murai, Ähtärin Voimistelijat
Choreography and coaching: Shuichi Murai

2. Säröjä

Ajattomat, Vantaan Voimisteluseura
Choreography and coaching: Laura Nihti,
Hannele Ahlqvist ja Marita Haapasalo

3. Suon synty

Alien-Angelinat, KRV Dance Academy
Choreography and coaching: Johanna Luomala

4. Who you really are

Art Insight, Latvia
Choreography: Alexander Rumjancev
coaching: Ladislava Rumjanceva

5. Frida ja minä

Kokooma, Voimistelu- ja urheiluseura Elise
Choreography and coaching: Kokooma

6. Chilipippurit

Chili, Naantalin Voimistelijat
Koreografia: Assi Aalto, Emmi Aalto, Saija Järviö ja Special Olympics ohjelma
coaching: Assi ja Emmi Aalto, Saija Järviö, Julia ja Johanna Roivanen, Jatta Palmunen

7. Rakkaus yhdistää

Alegria, Liikuntaseura Vihti Gym
Choreography and coaching: Kristiina Järvinen ja Satu Rautiala

8. Mieleni mun

Taiga, Käpylän Voimistelijat
Choreography: Taina Haterma, Maiju Korpelainen, Muusa Salminen, Vilhelmiina Välimäki
coaching: ryhmä

9. Keski-ikäen kabaree

Tuulettaret, Turun Urheiluliitto ja Lahjan Tytöt
Choreography: Theresa Iisalo

10. Mi Hombre – hullu sydän

Isadorat, Gymnastik föreningen i Helsingfors
Choreography and coaching: Karin Forsström

11. Oskar ja Robert Kirmes, Espoon Teline-taiturit

Coaching: Mati Kirmes

12. Kallein aarteeni

Hengettäret, Mäntsälän Voimistelijat
Choreography and coaching: Eerika Laalo-Häikiö

13. Sielunhoitoa salongissa

Jade, Oulun Voimisteluseura
Choreography and coaching: Anniina Perttunen, Jenni Lesonen

14. Feeling the National Tradition

MGLA, Japani
Choreography and coaching: Hisae Aku, Sumiko Matsuba, Machiko Yamanaka

15. Lintujen ja hyönteisten taistelu

AKRO Anette & AKRO Edustus, Tampereen Voimistelijat
Choreography: Lotta Nuppola
coaching: Lotta Nuppola ja Sanni Suominen

16. Lieskat

Olenaiset, Olarin Voimistelijat
Choreography and coaching: Marja Kallionie-mi

17. The Blues Jumpers

Kimmo&Miriam, JumpCirq Oy
Choreography and coaching: Kimmo Hieta-

nen ja Miriam Hägele

18. Uhri

Nellat, Lahjan Tytöt
Choreography and coaching: Emilia Kymäläinen, Mari Sandell

19. Rytmisen voimistelun naisten ja yksilöiden maajoukkue, haastajaryhmä sekä matkalla mestariksi leirin nuoret

Choreography and coaching: Klara Kodra

20. Finländska krigsbarn – Sotalapset

Rubiinit, Iisalmen Naisvoimistelijat
Choreography and coaching: Venla Hirvonen

21. Ihminen tarvitsee ihmistä

Ex-Sirius, Jyväskylän Naisvoimistelijat
Choreography: Tarja Rasimus-Järvinen ja Tiia-Tuulia Järvinen
coaching: Tarja Rasimus-Järvinen

Finaali

Gymnastics performance

"Ihme ja kumma"

Saturday 9.6. at 12.30 at event square and
at 18 at Turku Cathedral square



1. Rosvo ja poliisi

Club and group: Turun Jyry, Flex Minit
Choreography and coaching: Anna Kartio,
Julia Rönholm, Milla Vehmanen ja Elina
Vehmanen

2. Taksikuskit

Club and group: Liedon Luja, Team Ixina
Choreography and coaching: Virpi Talve, Ra-
na Wickström ja Emmi Lehto

3. Saunapolulla

Club and group: Jalasjärven Naisvoimisteli-
jat, Opaalit
Choreography and coaching: Katja Luhtanen,

Janette Alkula ja Henna Latvala

4. Kuutamojuhla

Club and group: Iisalmen Naisvoimistelijat,
Safiirit
Choreography and coaching: Anna Korhonen,
Mari Eskelinen, Julia Hakola

5. Puutarhatonttujen kapina

Club and group: Rauman NV, Cereza
Choreography and coaching: Tinja Karinen ja
Mari Lehto

6. Hullaantuneet kauriit

Club and group: Iisalmen NV, Flamingot
Choreography and coaching: Lilli Härmä-Lei-
nonen ja Milla Tikkanen

7. Kaipuuni kaiku

Club and group: Helsingin Naisvoimistelijat,
Iiris
Choreography and coaching: Marjo-Riikka
Descargues ja Alma Hakola

8. Krokotiilit

Club and group: Turun Jyry, Flex Kids
Choreography and coaching: Nea Johansson,
Pinja Oksanen, Monica Elo, Hanna Hämäläi-
nen, Tuuli Merinen, Netta Häkkinen, Emma
Burmeister, Iiris Lehtimaa

9. Ilotulitus välineillä

Club and group: TLS-rytmiset
Choreography and coaching: Essi Huhto ja
Ulla Meltsas

10. The dream

Club and group: Team Belarus, Queens
Choreography and coaching: Akyn Hanna

11. **Taikakoulu**

Club and group: Vantaan Voimisteluseura,
Fenix
Choreography and coaching: Laura Nihti ja

Ulrika Grönstrand

12. **WILD**

Club and group: Vasa Gymnastikförening,
Vilda
Choreography and coaching: Nina Hållfast,
Mariana Grönroos

City performances

Event Square

FRIDAY SCHEDULE

10-11

ShowManyGirls / ValKP

Akro edustus/TV

Polaris/Valkealan Kajo

11-12

Verla/LaTy

Anette/TV

PNV Strada

12-13

Odessa/Raisio Jumparit

Kuhmon Kivattaret

BreaKings/LiiNa

13-14

Emelii X/LaTy

Matkalla mestariksi

14-15

Onessia Jr/TV

Kristallit/Rauman NV

LGF/Lappfjärds GF

15-16

Amelie/TV

TuUL Joukkuevoimistelu 5-8v

16-17

Indigo/MäV

Ghostbusters/JyVo

Freyat/HJM

SATURDAY SCHEDULE

10-11

Moninaiset/HeJy

Kisaohjelma potpuri/TuUL

Kesän huumo/OVO

Celeste/SäkNV

11-12

Kikattava Kakkiainen

12-13

lhme ja Kumma-kids performance klo 12.30

13-14

Aquila/VVS (13.30)

Ropetude/Atti (13.30)

14-15

Roseteam/TV

Dancemix/Someron Syke

Amber souls/Latvia, Riga

15-16

Espoon Telinehaiturit

Axoria/TapErä

Elite Alexa/TapErä

MGLA

16-17

Riite/Lahden NV

Evat/TapErä

Felinet/LiiNa

Attitude Kids/Atti

Esiysohjelma/Atti

Fintastic Moms/PNV

SUNDAY SCHEDULE

9-10

Kankaanpään Voimistelijat

Elite Kids/SCV

Elite Minit/SCV

Elite Pre Jr/SCV

LGF/Lappfjärds GF

10-11

Maija Keuruulainen/VVS
Solinat/MäV
Sinisafiirit/Elise Vantaa

11-12

Freyat/HJM

TuUL joukkuevoimistelu 9-12v

12-13

Amber souls/Latvia, Riga
Indigo/MäV

City Performances

Turku Cathedral Square

FRIDAY SCHEDULE

10-11

Muhoksen NV
Ihanaiset/RaJu
Xemie/NVO
Esitysohjelma/Atti

11-12

Sinisafiirit/Elise Vantaa
Elite Pre junior/SCV
JyVo NTV

12-13

Kristelle/LaTy
Arella/Lappfjärds GF

13-14

Akropuukisa, 2. luokka

14-15

Aerodance/VVS
Team Vantaa Kilpa ja Elenia/VVS
Maija Keurulainen/VVS
Aarre, Adele ja Aulikki/TV

15-16

Akropuukisa 3.luokka

16-17

Avena 06/LaTy
Valens Team Avena/LaTy

SATURDAY SCHEDULE

10-11

Elite Pre Jr/SCV

Kielot ja Kaunokit/MäVi
Elite Minit/SCV
Matkalla mestariksi

11-12

Sinisafiirit/Elise Vantaa
Aurora/JNV
Tsinniat/Rauman NV
Vicia/LaTy

12-13

Ionit/OVO
Team Emelii/LaTy
PNV SunStrada
Protonit/OVO
Emelii Y/LaTy

13-14

Naisten Telinevoimistelu/TV
Rosaliinat ja Spiraliinat/HämVS
Freyat/HJM

14-15

Aava/Huittisten VL
Nurmon Jymyn Jumpparit
Team Vantaa JR

15-16

Karmiini/Ouvos
Sodankylän Kisasiskot
Leidit/JNV
Still Going Strong/GF Helsingfors

16-17

Anelma/TV
Solinat/MäV
Elite Pre Junior/SCV

City Performances

Vähätori Square

FRIDAY SCHEDULE

10-11

Akropuukisa, 1. luokka

11-12

BreaKings/LiiNa
Solinat/MäV

12-13

Aquila/VVS
Kesän huuma/OVO

13-14

Team Emelii/LaTy
Dancemix/Someron Syke
Vicia/LaTy
Ionit/OVO

14-15

Rosaliinat ja Spiraliinat/HämVS
Tsinniat/Rauman NV

15-16

Amber souls/Latvia, Riga
Arella/Lappfjärds GF

16-17

Matkalla mestariksi

SATURDAY SCHEDULE

10-11

Aurora/JNV

Team vantaa Jr
Ghostbusters/JyVo

11-12

TuUL joukkuevoimistelu 9-12v
Team Vantaa Kilpa ja Elenia/VVS
Amber souls/Latvia, Riga

12-13

Kristelle/LaTy
Anette/TV
Amelie/TV
LGF/Lappfjärds GF

13-14

PNV SunStrada
Indigo/MäV

14-15

Naisten Telinevoimistelu/TV
Emelii X/LaTy
Odessa/Raisio Jumpparit
Maija Keurulainen/VVS

15-16

Aerodance/VVS
Verla/Lahjan Tytöt

16-17

Ihanaiset/RaJu
JyVo NTV
ShowManyGirls / ValKP
Still Going Strong/GF Helsingfors

Closing ceremony

Veritas Stadion

Total of 5337 gymnasts ages five to over 60 will perform in the closing ceremony (Tunne liike). The ensemble of the ceremony is designed by Hannele Ahlqvist and Marja Kallioniemi.

1.Voimistelu on kotini (745 gymnasts)

Different age groups from the Competitions (all disciplines) joined by judges and coaches. Acrobatic gymnasts, artistic gymnastics of men and women, team gym, trampoline gymnastics

Choreography by Aliisa Mäkinen and her team Ville Almenoksa, Siru Lehmuskallio, Eija Nevanpää, Annika Savola, Sonia Solismaa

2.Elämän voima (1133 gymnasts)

Flow gymnastics, women

Choreography by Riikka Virkajärvi-Johnson

3.Valon liekki (468 gymnasts)

The School of Gymnastics -program, children ages 7-13

Choreography by Katja Leino-Murtojärvi

4.Tahdon tietää kaikki (237 gymnasts)

Family gymnastics and children under 7 years old

Choreographer Heli Suokko-Rajala

5.Ilon Myrsky (226 performers)

Exercise gymnastics, men and women

Choreography by Maija Aalto and Heidi Kyörö

6.Ääretön liike (138 gymnasts)

Aesthetic group gymnastics and rhythmic gymnastics (Competitive)

Choreography by Tarja Rasimus-Järvinen

7.#oonjusthyvänäin (499 performers)

Dance, youth, over 12 years old

Choreography by Riikka Kuusipohja and Nea Vallin

8.Salainen labryntti (965 gymnasts)

The School of Gymnastics -program

Children, over 7 years old

Choreography by Katri Kukkola and Jenni Merra

9.#sunhyppy

Rope Skipping

Volunteers and the late bird participants over 12 years old Solo by Kim XX

Choreography by Liisa Lappalainen Drills by Marianna Tarhala

10.Dance, Dance, Dance (136 performers, GER)

Dance, HipHop Youth (over 12 years old) and adults German Gymnastics Association (DTB)

Choreography by Birke Kotre, Turnverband Bayern and the team Jenny Achtelstetter, Ilo-Brosamer, Kirsten Johner, Angela Salz

11.Energian ympäröimä (790 gymnasts)

Flow gymnastics, Youth and adults (over 12 years old)

Choreography Eerika Laalo- Häikiö

12.Final (4219 gymnasts)

Choreography Hannele Ahlqvist and Marja Kallioniemi

Animation Marleena Linnakoski

13.Thank you speech

The President of Finnish Gymnastics Federation Kaisa Vikkula and the Secretary Gene-

ral of Finnish Gymnastics Federation Maria
Laakso

14.Event dance

Everyone!



Activity Park



Download picture here!⁵³

In the activity zone, you can spend time playing and trying over 20 different sports.

Sports in the activity zone (numbers placed on the map):

1. Beach volley
2. Capoeira
3. Cheerleading
4. Golf

5. Football
6. Icehockey
7. Martial art
8. Bowling
9. Basketball
10. Bubble football
11. Handball
12. Parkour
13. Baseball
14. Powegym
15. Riding
16. Ringette
17. Bandy
18. Rope skipping
19. Floorball
20. Trampolines
21. Swimming
22. water polo
23. Track and field

⁵³https://suomenvoimisteluliitto.mobiezone.fi/wp-content/uploads/sites/52/2018/05/Voimistelun-Suomi-Gymnastrada-Kupittaa_Toimintapuuisto_2205.pdf

Entertainment

In the evening time, you can come and enjoy the top Finnish artists on our bigger stages at the Event Square and Turku Cathedral square! Above you can find the schedules.

Event Square schedule

Thursday 7.6.

20.30 Ilari Härmäläinen
21.30 Pete Parkkonen

Friday 8.6.

20 Turku Rock Academy: Kirosäe
21.30 Virve Rosti

Saturday 9.6.

11-12 Gigglebug
19.45 Turku Rock Academy: Lemmen kätyrit

21.30 ABREU

Turku Cathedral Square schedule

Thursday 7.6.

19.15 Turku Rock Academy: Bad signal
20 Alex Mattson

Friday 8.6.

19 Turku Rock Academy: Lemmen kätyrit
20 Ida Paul ja Kalle Lindroth

Saturday 9.6.

18.45 Turku Rock Academy: Kirosäe
20.30 Younghearted



Arilyn



Arilyn application is a Finnish augmented reality application that we are using in our event. With Arilyn, we can make informing both fun – and easy.

You have chance to try Arilyn at Kupittaan Urheiluhalli and Marli Areena, where you can take a group photo with our World Champions!

Using Arilyn is easy:

1. Download App Arilyn
2. Take a picture of the target
3. Enjoy Arilyn content

School accommodation and catering

SCHOOL ACCOMMODATION

School accommodation is meant for those who have reserved and paid for it beforehand. There are 14 accommodation schools, which can be found from the list below. There is also a phone number for every school. The association supervising the school answers to this phone. Only the ones who have the school's name in their participation card are allowed on the school.

School's contact informations:

Name of the school/ locations/ number

Nummenpakan koulu Aurajoen yksikkö, Papinkatu 4 puh. 0405714734

Cygnaeuksen koulu, Maariankatu 7 puh. 0405857512

Topeliuksen koulu Juhana Herttua, Hansakatu 2 puh. 0406300558

Vasaramäen koulu Syreeni, Syreenikuja 1 puh. 0405794687

Luostarivuoren koulu, Luostarinkatu 13 puh. 0404853522

Luostarivuoren koulu Martin yksikkö, Hopeasepänkuja 2 puh. 0401940350

Nummenpakan koulu Nummen yksikkö, Kirkkotie 31 puh. 0404860126

Puolalan koulu, Puutarhakatu 5 puh. 0405470546

Puopellon koulu, Sepänkatu 11 puh. 0405466040

Rieskalähteen koulu, Jöllintie 3 puh. 0401928041

Samppalinnan koulu, Itäinen Pitkätu 45 puh. 0401984079

St. Olofsskolan, Luostarinkatu 11 puh. 0405872643

Turun Ammatti-instituutti Kellonsoittaja, Kellonsoittajankatu 9-11 puh. 0404865859

Vasaramäen koulu Lehmus, Lehmustie 7 puh. 0401625983

More instruction for the ones accommodating at the school can be found here⁵⁴.

CATERING

Breakfast will be served at your accommodation school. Lunch and dinner schools are marked in your participant card's coupons.

⁵⁴<http://gymnaestrada.fi/en/Program/Accommodation>

Info desks and lost items

Event square info desk

Opening hours

To 12-20
Pe 9-20
La 9-20
Su 9-16

Tuomiokirkkotori info desk

To 16-21
Pe 9-20
La 9-20

Lost items

Lost items will be delivered to Event square info desk. Info number: +358 40 185 2988 / +358 40 356 2155

Useful numbers

INFO NUMBER: +358 40 185 2988/
+358 40 3562155

EMERGENCY NUMBER: 112



Partners



Thank you!



THANK YOU PARTICIPANTS, VOLUNTEERS AND PARTNERS!